

To meet all of the requirements of 125A.0941 and 125A.0942 subd 1(3), staff who use **restrictive procedures** will complete training in the following skills and knowledge areas.

Skills and Knowledge Areas	Cannon Falls Elementary	Cannon Falls High School	Cannon Falls ALC
1. Positive behavioral Interventions	* CPI	* CPI	* CPI
2. Communicative intent of behavior	* CPI	* CPI	* CPI
3. Relationship building	* CPI	* CPI	* CPI
4. Alternatives to restrictive procedures	* CPI	* CPI	* CPI
5. De-escalation methods	* CPI	* CPI	* CPI
6. Standards for using restrictive procedures	* CPI	* CPI	* CPI
7. Obtaining emergency medical assistance	* CPI	* CPI	* CPI
8. Psychological/Physiological impact of physical holding and seclusion	* CPI	* CPI	* CPI
9. Physical signs of distress during restraint	* CPI ; OH State Medical Info	* CPI ; OH State Medical Info	* CPI ; OH State Medical Info
10. Recognizing symptoms of asphyxia during restraint	* CPI	* CPI	* CPI

Training: CPI**8/21/23; 8/22/23; 8/23/23**

Trainers: Selene O'Reilly, Jen Grove, Tricia Perau, Kristin Kirk, Cathy Stark, Wendy Ahern, Lee Sjolander, Laura Rezac

Name of Attendee	Building
Alisha Dalsin	
Anita Hartl	
Brittany German	
Cathy King	
Courtney Hovel	
Courtney Molitor	
Danielle Muraski	
Deb Kadrlik	
Deborah McCarthy	
Elizabeth Evenson	
Elizabeth Malecha	
Elizabeth Pearson	
Ellery Akermann	
Emily Iverson	
Erika Szramek	
Jan Holt	
Jennifer chappuis	
Jessica Thiel	
Joel Justin	
Kate Dahlen	
Kathy Illa	
Katie Quinlan	
Katie Ruona	
Katilynn Borchardt	
Laura Burvee	
Lisa Endres	
Liza O'Brien	
Lynn Booth	
Madasyn Austin	
Madeline Latuff	
Marissa Behrens	
Mary Ripley	
Meghan Svien	
nancy Beissel	
Ross Peterson	
Sami Cromer	
Sean Wingfield	
Shelli Fox	
Spencer Krinke	
Stephanie Hjellming	
Steven Strauss	



The Cannon Falls School District does not have any rooms used for seclusion . Nor do they intend to create such a room in any subsequent year. For this reason, there is not a requirement for a State Fire Marshall Inspection.

Use of Restrictive Procedure – Physical Holding

Student

Name: _____ ID: _____ DOB: _____ Grade: _____

School: _____ Date of Incident: _____

_____ Ethnicity: Is the student Hispanic/Latino? What is the student's Race? (choose one or

more) Yes No American Indian or Alaska Native Asian Black or African American White Native Hawaiian or Pacific Islander

Directions: The staff person who implemented or oversaw a physical hold must complete this form each time a physical hold is utilized.

Staff Involved:

Name: Position Role Trained _____

_____ Yes No __________ Yes No __________ Yes No __________ Yes No_____ Yes No Person completing form: _____ Title: _____

EMERGENCY

Was physical holding used to protect student or others from physical injury: Yes No

Description of the emergency situation:

Description of the incident that led to physical holding:

PHYSICAL HOLDING

Description of the physical holding and a brief description of the student's behavioral and physical status:

Was

physical holding the least intrusive intervention to effectively respond to the emergency? Yes No

Explain why a less restrictive intervention failed or was determined by staff to be inappropriate or impractical:

[Redacted]

[Redacted]

[Redacted]

Did physical holding end when the threat of harm ended and staff [Redacted] determined that [Redacted] the student could safely return to the classroom or activity? Yes No

[Redacted] Explain: [Redacted]

[Redacted]

[Redacted]

[Redacted]

[Redacted]

Did staff directly observe the child during physical holding? Yes No

Explain:

[Redacted]

[Redacted]

Did staff sustain an injury as a result of the

physical holding: Yes No

Did the student sustain an injury as a

result of the physical holding: Yes No

began: _____ Ended: _____

Total time: _____ **Removal**

From School

Was the student removed from school by a police officer at the request of school personnel:

Yes No **Parent Notification**

Parents must be notified the same day a restrictive procedure is used. A written or electronic notice must be sent home within two (2) days if unable to notify on the same day.

||

Parent: _____ Date: _____ Time: _____

Notified by: _____

How notified: _____



Use of Restrictive Procedures: Seclusion

Date: _____

Student: _____

ID: _____

DOB: _____

School: _____

Grade: _____

Gender: _____

Part A. Is the student Hispanic/Latino?

Yes No

Part B. What is the student's race? (*Choose one or more*)

American Indian or Alaska Native

Asian

Black or African American

White

Native Hawaiian or Other Pacific Islander

Directions: Complete this form whenever a seclusion is used. All students must be monitored by an adult at all times. End the intervention when the threat of harm ends and staff determine that the student can safely return to the classroom or activity. A debriefing meeting must be held within two (2) days and a Staff Debriefing Meeting form completed.

Staff involved:

Name:

Position:

Signature of person completing this form:

Position:

Phone:

EMERGENCY

Was seclusion used to protect student or others from physical injury?

Yes No

Description of the emergency situation:

Description of the incident that led to seclusion:

SECLUSION

Location of the seclusion room:

Did the room meet the requirements of a room used for seclusion? Yes No
Was the room well lit, well ventilated, adequately heated and clean? Yes No
Did the room contain objects that a student may use to injure themselves or others? Yes No

Brief description of the student's behavior and physical status during seclusion:

Was seclusion the least intrusive intervention to effectively respond to the emergency? Yes No

Explain why a less restrictive intervention failed or was determined to be inappropriate or impractical:

Did the seclusion end when the threat of harm ended and staff determined that the student could safely return to the classroom or activity? Yes No

Explain:

Did staff directly observe the child during the seclusion: Yes No

Explain:

Did the student sustain an injury as a result of the seclusion: Yes No

Did staff sustain an injury as the result of the seclusion: Yes No

Time seclusion began: _____ Ended: _____ Total Time: _____

REMOVAL FROM SCHOOL

Was the student removed from school by a police officer at the request of school personnel: Yes No

PARENT NOTIFICATION

Parents must be notified the same day a restrictive procedure is used. A written or electronic notice must be sent home within two (2) days if unable to notify on the same day.

Parent: _____ Date: _____ Time: _____

Notified by: _____

How notified: _____

Cannon Falls School District #252 Staff Debriefing Meeting

Student Name: _____ DOB: _____ Building: _____
Date of Debrief: _____ Date of Incident: _____

Student on an IEP: Yes ___ No ___ BIP in Place: Yes ___ No ___
Was IEP followed: Yes ___ No ___ Was BIP followed: Yes ___ No ___

If answered no, explain why:

Signatures of staff attending debrief (should include at least one person not involved in incident who has knowledge of behavior). Circle the Facilitator's signature:

Involved Staff: _____

Identify the antecedents, triggers and proactive interventions used prior to escalation. Briefly describe the impact of the less restrictive interventions. What behavior did the student exhibit to require a restrictive procedure? Was the intervention used to protect the child/others from injury or to prevent serious property damage? Describe student and staff behavior during the intervention.

What actions helped/what did not help?

Describe the procedure used to return the child to his/her routine activity, education setting, intervention, and/or site determined by the team, BIP and/or administrator.

Was the hold an emergency? Yes ___ No ___
Was the hold least intrusive? Yes ___ No ___
Did the hold end when threat of harm ended? Yes ___ No ___
Is corrective action needed? Yes ___ No ___
Is the behavior likely to occur again? Yes ___ No ___

Follow-up action (to prevent need for future restrictive procedures):

Behavior History:

Other restrictive procedures used in the last 4 months? Yes ___ No ___
Restrictive procedures used twice in a month? Yes ___ No ___
Does the team see this as a pattern? Yes ___ No ___
Does the child's IEP team need to meet? Yes ___ No ___

**Place a copy of these forms in the Child's Due Process File.
Send copies to the case manager, building administrator, and Goodhue County Education District Director.**

Cannon Falls School District #252
Building Oversight Committee Members
2023-2024

The Building Oversight Committee will meet quarterly to complete the Review Form (Appendix J) based on data provided in the Restrictive Procedures Physical Holding form (see Appendix E) and the Staff Debriefing Meeting form (see Appendix F). The Committee will also complete the Annual Summary of Use of Restrictive Procedures form (Appendix J) and establish a plan for addressing Committee recommendations. The Building Oversight Committee may be called together at other times to address the inappropriate use of physical holding and/or seclusion and determine and recommend training needs. The Building Oversight Committee will also ensure IEP meetings are conducted in a timely manner.

Cannon Falls Elementary Oversight Committee Members

Jennifer Chappuis, Principal
Alisha Dalsin, Special Education Coordinator
Kristin Kirk, School Psychologist
Laura Rezac, Special Education Teacher

Cannon Falls Middle School/High School/ALC Oversight Committee Members

Tim Hodges, Principal
Alisha Dalsin, Special Education Coordinator
Kristin Kirk, School Psychologist
Kate Dahlen, Special Education Teacher

Cannon Falls Early Childhood Oversight Committee Members

Jennifer Chappius, Principal
Alisha Dalsin, Special Education District Coordinator
Kristin Kirk, School Psychologist
Courtney Hovel, EC Special Education Teacher

Summary of Restrictive Procedures Form Physical Holding

Frequency of Use:	Increase	Decrease	Same		
Duration of Use:	Increase	Decrease	Same		
Were the positive interventions consistently used prior to use of a restrictive procedure?	Yes	No			
Were parents notified the same day of the procedure or w/in 2 days (written or electronic)?	Yes	No		Explain:	
Was an IEP meeting scheduled?	Yes	No			

Summary of Staff Debriefing Meeting forms:

	Yes	No	Specify		
Is there a pattern of antecedents?	Yes	No	Specify		
Is there a pattern of behaviors?	Yes	No	Specify		
Is there a pattern of staff response?	Yes	No	Specify		
Is there a pattern of interventions that helped return this student to his/her routine activities?	Yes	No			
Is there a pattern of interventions that escalated student behaviors?	Yes	No		Explain:	
Were procedures routinely discontinued when threat of harm ended?	Yes	No			
Were procedures routinely used only in an emergency?	Yes	No			

Members of the Review Team:



Goodhue County Education District
Meeting Log
Restrictive Procedures Oversight Committee

Date: _____
 Start: _____
 Stop: _____

Members Present:

Agenda: Review RP data collected. Identify frequency of RP by student, school, and type of procedure. Determine if any RP were used in a non-emergency situation, review injuries if they occur, and if any additional staff training is necessary. When multiple RP have been implemented with one student, patterns or problems will be explored concerning: time of day, day of week, duration, individuals involved, or any other factor where similarities may be established. Trends in data will be reviewed and compared to historical data. Proposals will be made to minimize the use of RP in the district.

Topic	Discussion	Action																				
Review of Data	<input type="checkbox"/> Yes – details:																					
Injuries?	<input type="checkbox"/> No																					
Nonemergencies?	<input type="checkbox"/> Yes – details: <input type="checkbox"/> No																					
Staff Training?	<input type="checkbox"/> Necessary for: _____ <input type="checkbox"/> Not Necessary																					
Patterns?	<input type="checkbox"/> School <input type="checkbox"/> Individuals involved <input type="checkbox"/> Student <table style="margin-left: 20px; width: 80%;"> <tr> <td>Time of day</td> <td><input type="checkbox"/> Student</td> </tr> <tr> <td>Day of Week</td> <td>Time of day</td> </tr> <tr> <td>Duration</td> <td>Day of Week</td> </tr> <tr> <td>Individuals Involved</td> <td>Duration</td> </tr> <tr> <td>Other</td> <td>Individuals Involved</td> </tr> </table> <input type="checkbox"/> Student <table style="margin-left: 20px; width: 80%;"> <tr> <td>Time of day</td> <td><input type="checkbox"/> Student</td> </tr> <tr> <td>Day of Week</td> <td>Time of day</td> </tr> <tr> <td>Duration</td> <td>Day of Week</td> </tr> <tr> <td>Individuals Involved</td> <td>Duration</td> </tr> <tr> <td>Other</td> <td>Individuals Involved</td> </tr> </table>	Time of day	<input type="checkbox"/> Student	Day of Week	Time of day	Duration	Day of Week	Individuals Involved	Duration	Other	Individuals Involved	Time of day	<input type="checkbox"/> Student	Day of Week	Time of day	Duration	Day of Week	Individuals Involved	Duration	Other	Individuals Involved	
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Individuals Involved	Duration																					
Other	Individuals Involved																					
Time of day	<input type="checkbox"/> Student																					
Day of Week	Time of day																					
Duration	Day of Week																					
Individuals Involved	Duration																					
Other	Individuals Involved																					
Trends?																						

Proposals to
Minimize RP:

**Cannon Falls School District #252
Annual Summary of Use of Restrictive Procedures**

School: _____ Date: _____

Staff Training:

How many staff members received the required CPI training in your building? _____

Did any untrained staff participate in a restrictive procedure? Yes No If yes, what was the rationale? _____

Physical Holding:

How many physical holdings were used during the school year? _____

Were physical holdings used only in response to an "Emergency?" Yes No

If the answer is "no," explain why and the corrective action taken: _____

Prohibited Use:

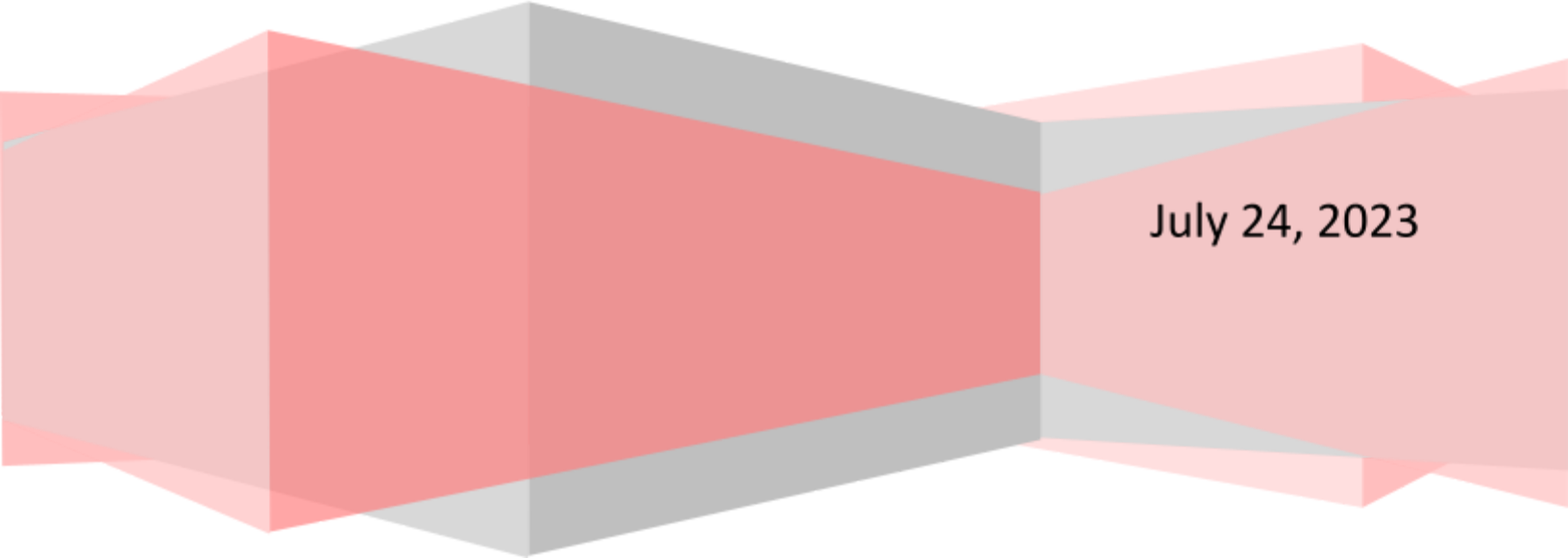
Did the debriefing teams find incorrect or prohibited use of a restrictive procedure? Yes No

If "yes," what corrective action was taken: _____

Building Oversight Committee Recommendations for the Next Year (include training): _____

Cannon Falls School District #252

Restrictive Procedures Plan



July 24, 2023

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Cannon Falls School District #252 Restrictive Procedures Plan

In accordance with Minnesota Statute 125A.0942, subd. 1, schools that intend to use restrictive procedures shall maintain and make publicly accessible in an electronic format on a school or district website or make a paper copy available upon request describing a restrictive procedures plan for children with disabilities. . Restrictive Procedure means the use of physical holding or seclusion in an emergency. The plan specifically outlines the list of restrictive procedures the school intends to use; describes how the school will implement a range of positive behavior strategies; links to mental health services; how the district will provide training on de-escalation techniques, consistent with 122A.187, subd. 4; how the school will monitor and review the use of restrictive procedures, including post use debriefings, consistent with subd. 3 paragraph (a), clause (5); convening an oversight committee to undertake quarterly reviews of the use of restrictive procedures; and a written description and documentation of the training and staff that have completed the training under subd. 5. This plan is available upon request.

The Cannon Falls School District #252 uses restrictive procedures only in response to behavior(s) that constitutes an emergency, even if written into a child’s Individual Education Plan (IEP), Individual Family Support Plan (IFSP) or Behavior Intervention Plan (BIP).

A. Definitions

The following terms are defined as:

1. “Emergency” means a situation where immediate intervention is needed to protect a child or other individual from physical injury. Emergency does not mean circumstances such as; a child who does not respond to a task or request and instead places his or her head on a desk or hides under a desk or table; a child who does not respond to a staff person’s request unless failing to respond would result in physical injury to the child or other individual; or an emergency incident has already occurred and no threat of physical injury currently exists.
2. “Physical holding” means physical intervention intended to hold a child immobile or limit a child’s movement , where body contact is the only source of physical restraint, and where immobilization is used to effectively gain control of a child in order to protect a child or other individual from physical injury. The term physical holding does not mean physical contact that:
 - a. helps a child respond to a task;
 - b. assists a child without restricting the child’s movement;
 - c. is needed to administer an authorized health related service or procedure; or
 - d. is needed to physically escort a child when the child does not resist or the child’s resistance is minimal.
3. “Positive behavioral interventions and supports” means interventions and strategies to improve the school environment and teach children the skills to behave appropriately, including the key components under section 122A.627

4. "Prone restraint" means placing a child in a face down position.
5. "Restrictive Procedures" means the use of physical holding or seclusion in an emergency. Restrictive procedures must not be used to punish or otherwise discipline a child.
6. "Seclusion" means confining a child alone in a room from which egress is barred. Egress may be barred by an adult locking or closing the door in the room or preventing the child from leaving the room. Removing a child from an activity to a location where the child cannot participate in or observe the activity is not seclusion.

B. Staff Training – Requirements and Activities

Requirements

Training will be provided to district staff and contracted staff who use restrictive procedures, including paraprofessionals

Staff who design and use behavioral interventions will complete training in the use of positive approaches as well as restrictive procedures. All staff that use restrictive procedures in the Cannon Falls School District are trained in Crisis Prevention Institute (CPI) procedures. At the first sight of anxiety in a child you will need to become supportive (an empathetic, nonjudgmental approach attempting to alleviate anxiety). Staff who design and use behavioral interventions will complete training in the communicative intent of behaviors including the following:

1. Questioning – Questioning authority and attempting to draw staff into power struggles.
2. Refusal – Noncompliance / slight loss of rationalization.
3. Release – Acting out or emotional outburst.
4. Intimidation – Verbal or nonverbal threatening.
5. Tension Reduction – Drop in energy after a crisis situation.

Staff who design and use behavioral interventions will complete training in the following relationship building strategies:

1. Building relationships with children when they are doing well.
2. Re-establishing relationships after children come back from a crisis. Re-establishing rapport.
3. Provide children personal space.
4. Use appropriate nonverbal and paraverbal communication (tone, volume and cadence) when establishing relationships with children .

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Staff who design and use behavioral strategies will complete training in the following alternatives to restrictive procedures, including techniques to identify events and environmental factors that may escalate behavior:

1. Recognizing anxiety.
2. Recognizing nonverbal behavior.
3. Giving children time and space to release.

Staff who design and use behavioral intervention strategies will complete training in the following de-escalation methods:

1. Time and space
2. Someone to talk with
3. Walk/Exercise/Movement

Staff who use restrictive procedures will implement the following standards for use:

1. Only as a last resort when a person is a danger to self or others.
2. Always maintaining the care, welfare, safety and Security of all.

Staff who design and use behavioral strategies will follow the Cannon Falls School District #252 Crisis Plan in an emergency situation. Staff will also recognize that the physiological and psychological impact of physical holding and seclusion is different for all children. Staff must analyze, be aware of, and respond to this impact. Everyone being restrained should be considered "at risk". Interventions will be monitored for physical and psychological distress including the symptoms of and interventions that may cause potential asphyxia when physical holding is used.

Staff will be trained on district policies and procedures for timely reporting and documenting of each incident involving use of a restricted procedures;

Staff will be trained on schoolwide programs on positive behavior strategies at the district level.

Training records will identify the content of the training, attendees, and training dates. Goodhue County Education District #6051 will compile a list of all (CPI) training and forward attendance records to the district on a quarterly basis. The district will maintain records of additional training provided within the district. Records of all training will be maintained at each building site. See Appendix A and B for Site Trainings and Attendance Forms, respectively.

Restrictive procedures may be used only by a licensed special education teacher, school social worker, school psychologist, behavior analyst certified by the National Behavior

Analyst Certification Board, a person with a master's degree in behavior analysis, other licensed education professional, paraprofessional under section 120B.363 or mental health professional under section 245.4871 subd. 27, who has completed the training program under subd. 5.

C. Restrictive Procedures Approved for Use

(a) Physical holding or seclusion may be used only in an emergency. A school that uses physical holding or seclusion shall meet the following requirements:

- (1) physical holding or seclusion is the least intrusive intervention that effectively responds to the emergency;
- (2) physical holding or seclusion is not used to discipline a noncompliant child;
- (3) physical holding or seclusion ends when the threat of harm ends and the staff determines the child can safely return to the classroom or activity;
- (4) staff directly observes the child while physical holding or seclusion is being used;
- (5) each time physical holding or seclusion is used, the staff person who implements or oversees the physical holding or seclusion documents, as soon as possible after the incident concludes, the following information:
 - (i) a description of the incident that led to the physical holding or seclusion;
 - (ii) why a less restrictive measure failed or was determined by staff to be inappropriate or impractical;
 - (iii) the time the physical holding or seclusion began and the time the child was released;
 - (iv) a brief record of the child's behavioral and physical status; and
 - (v) a brief description of the post-use debriefing that occurred as a result of the use of the physical hold or seclusion
- (6) the room used for seclusion must:
 - (i) be at least six feet by five feet;
 - (ii) be constructed of non-combustible materials (interior finish for both walls and ceilings must be at least Class C (III) and have a minimum of

one-hour fire rating, be well lit, well ventilated, adequately heated, and clean;

(iii) have a window that allows staff to directly observe a child in seclusion;

(iv) have tamper proof fixtures, electrical switches located immediately outside the door, and secure ceilings;

(v) have doors that swing in the direction of egress travel from the seclusion room and are unlocked, locked with keyless locks that have immediate release mechanisms, or locked with locks that have immediate release mechanisms connected with activation of the automatic sprinkler system, automatic fire detection device, automatic fire alarm system, loss of electrical power, fire alarm trouble signal or operation of a manual switch.; and

(vi) have doors with a fire rating of at least 20 minutes

(vii) have locking mechanisms must fail in the unlocked position and when automatically unlocked, the lock must be designed to only re-lock by manual means.

viii) not contain objects that a child may use to injure the child or others; and

(ix) must be protected with quick response sprinklers.

(x) have locking arrangements tested monthly with the fire alarm and other interconnects to ensure the lock releases when required and stays released. The sprinkler system interconnect is checked annually with the sprinkler system test

(7) before using a room for seclusion, a school must:

(i) receive written notice from local authorities that the room and the locking mechanisms comply with the applicable building, fire, and safety codes; and

(ii) register the room with the commissioner, who may view that room.

Physical Holdings

Safety Intervention Disengagement Skills are utilized to keep all individuals safe from injury when a staff member is confronted with risk behaviors. Disengagement Skills are

designed to maximum safety and minimize harm. To expand on the disengagement skills, restrictive procedures are used as a last resort when necessary for safety. Safety Interventions Holding Skills include: Transportation, Seated Position, Standing Position, Standing Position Team Control and Children's Control Position. Each restrictive procedure has a "Lower-Level Holding", "Medium-Level Holding" and "Higher-Level Holding".

All buildings in the Cannon Falls School District #252 intend to use the following types of physical holding when trained in CPI: Children's Control, Team Control, Transport Position, Interim Control. Training and monitoring by a qualified CPI Instructor will be provided to staff using these procedures.

Seclusion

The Cannon Falls School District #252 does not intend to use seclusion.

Notification to Parents

A school shall make:

- Reasonable efforts to notify the parent on the same day a restrictive procedure is used on the child; or
- If unable to provide same-day notice, notice is sent within two days by written or electronic means; or as otherwise indicated by the parent in the child's IEP, IFSP or BIP

Reporting Requirements for Using Restrictive Procedures

Goodhue County Education District must report summary data to MDE by July 1st of the current school year on districts' use of restrictive procedures during that school year, including data on:

- The number of incidents involving restrictive procedures;
- The total number of children on which restrictive procedures were used;
- The number of resulting injuries;
- Relevant demographic data on the children and school;
- any disproportionate use of restrictive procedures based on race, gender, or disability status;
- the role of the school resource officer or police in emergencies; and

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- Other relevant data collected by the district.

Within 24 hours after a child with a disability suffers death or serious injury, the Goodhue County Education District must notify the Office of the Ombudsman of the death or serious injury. Reports of death or serious injury may be done by faxing a completed form to the Office of the Ombudsman.

Reporting Requirement – Serious Injury

“Serious Injury” means:

- Fractures;
- Dislocations;
- Evidence of internal injuries;
- Head injuries with loss of consciousness;
- Lacerations involving injuries to tendons or organs and those for which complications are present;
- Extensive second-degree or third-degree burns, and other burns for which complications are present;
- Extensive second-degree or third-degree frostbite, and others for which complications are present;
- Irreversible mobility or avulsion of teeth;
- Injuries to the eyeball;
- Ingestions of foreign substances and objects that are harmful;
- Near drowning;
- Heat exhaustion or sunstroke;
- And all other injuries considered serious by a physician*

Additionally, the Office of the Ombudsman asks that instances of self-injurious behaviors (SIB) or suicide attempts be reported to the Office when the injury results in hospitalization of the child or the need for medical treatment.

**further defined by the Office of the Ombudsman to include complications of a previous injury, complications of medical treatment, and other.*

D. Prohibited Procedures

The following actions or procedures are prohibited.

1. Corporal punishment which includes conduct involving: (a) hitting or spanking a person with or without an object; or (b) unreasonable physical force that causes bodily harm or substantial emotional harm;
2. Requiring a child to assume and maintain a specified physical position, activity, or posture that induces physical pain;
3. Totally or partially restricting a child’s senses as punishment.

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4. Presenting an intense sound, light, or other sensory stimuli using smell, taste, substance, or spray as punishment;
5. Denying or restricting a child's access to equipment and devices such as walkers, wheelchairs, hearing aids, and communication boards that facilitate a child's functioning, except when temporarily removing the equipment or device is needed to prevent injury to the child or others or serious damage to the equipment or device, in which case the equipment or device shall be returned to the child as soon as possible;
6. Interacting with a child in a manner that constitutes sexual abuse, neglect, or physical abuse under chapter 260E;
7. Withholding regularly scheduled meals or water;
8. Denying the child access to bathroom facilities;
9. Physical holding that restricts or impairs a child's ability to breathe, restricts or impairs a child's ability to communicate distress, places pressure or weight on a child's head, throat, neck, chest, lungs, sternum, diaphragm, back, abdomen, or results in straddling a child's torso.
10. Prone restraint; and
11. The use of seclusion on children from birth through grade 3 by September 1, 2024.

E. Documentation of Physical Holding and/or Seclusion

Annually, stakeholders may, as necessary, recommend to the commissioner specific and measurable implementation and outcome goals for reducing the use of restrictive procedures and the commissioner must submit to the legislature a report on districts' progress in reducing the use of restrictive procedures that recommends how to further reduce these procedures and eliminate the use of seclusion. The statewide plan includes the following components: measurable goals; the resources, training, technical assistance, mental health services, and collaborative efforts needed to significantly reduce districts' use of seclusion; and recommendations to clarify and improve the law governing districts' use of restrictive procedures. The commissioner must consult with interested stakeholders when preparing the report, including representatives of advocacy organizations, special education directors, teachers, paraprofessionals, intermediate school districts, school boards, day treatment providers, county social services, state human services department staff, mental health professionals, and autism experts. Beginning with the 2016-2017 school year, in a form and manner determined by the commissioner, districts must report data quarterly to the department by January 15, April 15, July 15, and October 15 about individual children who have been

secluded. By July 15 each year, districts must report summary data on their use of physical holds to the department for the prior school year, July 1 through June 30, in a form and manner determined by the commissioner. The summary data must include information about the use of restrictive procedures, including use of reasonable force under section 121A.582.

The use of restrictive procedures in emergency situations will be documented through the use of the Restrictive Procedures Physical Holding Form (see Appendix D), Restrictive Procedures Seclusion Form (see Appendix E) and the Staff Debriefing Meeting Form (see Appendix F).

F. Documentation of Post-use Staff Debriefing Meeting

Each time physical holding or seclusion is used, the staff person who implemented or oversaw the physical holding or seclusion shall document as soon as possible after the incident concluded and conduct a post-use debriefing with involved staff within 2 school days of the incident after the restrictive procedure concludes. There will be at least one staff member attending the debriefing meeting who was not involved in the incident and has knowledge of behaviors. A copy of the Restrictive Procedures Physical Holding Form (see Appendix D), Restrictive Procedures Seclusion Form (see Appendix E) and the Staff Debriefing Meeting form (see Appendix F) will be sent to: the child's case manager, the building principal, the Goodhue County Education District Director, and a copy placed in the child's due process file. The Goodhue County Education District Director will keep a comprehensive file of all restrictive procedure forms to be used by the Building Oversight Committee (see Appendix G for list of committee members).

If the post-use debriefing meeting reveals that the use of physical holding or seclusion was not used appropriately, the Building Oversight Committee will convene immediately to ensure corrective action is taken. The Building Oversight Committee will review and evaluate the Restrictive Procedures Physical Holding form (see Appendix D), Restrictive Procedures Seclusion form (see Appendix E), and Staff Debriefing Meeting form (Appendix F) to determine and recommend training needs.

G. Documentation for an Individual Education Plan (IEP) or an Individual Family Support Plan (IFSP)

The use of restrictive procedures in response to an emergency may be documented in the child's IEP, IFSP or a behavior intervention plan (BIP) attached to the IEP or IFSP. Reviews will be conducted in accordance with MN Statute which requires the district will hold a meeting of the IEP or IFSP team, conduct or review a functional behavioral analysis, review data, consider developing additional or revised positive behavioral interventions and supports, consider actions to reduce the use of restrictive procedures, and modify the IEP, IFSP or BIP as appropriate. The district must hold the meeting; within

ten calendar days after district staff use restrictive procedures on two separate school days within 30 calendar days or a pattern of use emerges and the child's IEP, IFSP or BIP does not provide for using restrictive procedures in an emergency; or at the request of a parent or the district after restrictive procedures are used. The district must review use of restrictive procedures in an emergency. If the IEP or IFSP team determines that existing interventions and supports are ineffective in reducing the use of restrictive procedures or the district uses restrictive procedures on a child on ten or more school days during the same school year, the team, as appropriate, either must consult with other professionals working with the child; consult with experts in behavior analysis, mental health, communication, or autism; consult with culturally competent professional; review existing evaluations, resources, and successful strategies; or consider whether to reevaluate the child. At the meeting the team will review any known medical or psychological limitations, including any medical information the parent provides voluntarily, that contraindicate the use of a restrictive procedure, consider whether to prohibit that restrictive procedure, and document any prohibition in the IEP, IFSP or BIP.

Record retention will be in accordance with district policies on student records.

H. Building Oversight Committees

The Building Oversight Committee will meet quarterly to review data provided in the Restrictive Procedures Physical Holding form (see Appendix D), Restrictive Procedures Seclusion form (see Appendix E), and the Staff Debriefing Meeting form (see Appendix F). The Committee will complete the Building Oversight Committee Review Form (see Appendix H). The Building Oversight Committee will also complete the Annual Summary of Use of Restrictive Procedures form (see Appendix J). The Building Oversight Committee will make recommendations in regards to the District's Restrictive Procedures Plan and, if necessary, indicate training needs and establish a plan for addressing Committee recommendations.

If a post-use debriefing meeting reveals that the use of physical holding or seclusion was not used appropriately, the Building Oversight Committee will convene immediately to ensure corrective action is taken. The Building Oversight Committee will review and evaluate the Restrictive Procedures Physical Holding form (see Appendix D), Restrictive Procedures Seclusion form (see Appendix E), and the Staff Debriefing Meeting form (see Appendix F) to determine and recommend training needs.

I. Emergency Situations – Use of Restrictive Procedures

The Cannon Falls School District #252 shall make reasonable efforts to notify the parent on the same day when restrictive procedures are used in an emergency. If the school is unable to provide same-day notice, notice will be sent by written or electronic means or as otherwise indicated by the parent. Documentation of how the parent wants to be notified when a restrictive procedure is used may be found in the IEP, IFSP or BIP.

Date of Plan: July 24, 2023

Building administrators will receive written notification when restrictive procedures are used in emergency situations. Records will be reviewed and summarized annually.

J. Positive Behavior Strategies

The district is committed to using positive behavioral interventions and supports. Positive behavior interventions and supports (PBIS) means intervention and strategies to improve the school environment and teach children the skills to behave appropriately.

Each building in the Cannon Falls School District #252 uses the following practices and procedures to teach expected behaviors and provide additional positive supports to children requiring further intervention:

In the Fall of 2010, a school-wide behavior plan was implemented which continues to be a staple at each building. The plan is implemented by all staff. The items listed below were the most important attributes of this plan.

- Assist the school/site (i.e. administrators, teachers, children , and support staff) in reaching academic and behavioral benchmarks and goals.
- Create a positive learning environment throughout the school/site.
- Teach that all activities and curricula in the school/site are positive actions, including: reading, writing, math, nutrition, social skills, etc.
- Develop a caring environment that is free of disruptive behavior, bullying, substance use, and violence. In creating a school wide plan with input from all staff we were able to garner and maintain staff buy-in throughout the process. We continue to expand and strengthen our system in the use of research based positive behavior interventions and an increased collection and use of data.
- PBIS correlates with both our staff development goals and district AYP plans. Research, as cited multiple times on the PBIS website, indicates that academic achievement increases as behavioral referrals decrease. As part of our efforts to increase academic achievement and meet benchmarks, we understand the importance of having a cohesive and research driven response to children and staff behavior. During this past year we have also had extensive training on Professional Learning Communities (PLC). Having a strong PLC model allows us to examine and get our hands around issues that face us as we strive to increase child performance. PLCs also give us a vehicle to expand the knowledge base and implementation of new initiatives such as the implementation of PBIS.

K. **Mental Health Supports and Services**

One of the very first needs identified by The Mental Health Coalition of Goodhue County was a comprehensive mental health resource guide. These guides aim to increase mental health literacy and knowledge about how to access services. There are three guides: one for the community, one for school staff, and another for parents and caregivers. Visit gced.k12.mn.us, click on Resources then Mental Health for more information. Nothing in this plan precludes the use of reasonable force under sections 121A.582; 609.06, subdivision 1; and 609.379. Any reasonable force used under sections 121A.582; 609.06, subdivision 1; and 609.379 which intends to hold a child immobile or limit a child's movement where body contact is the only source of physical restraint or confines a child alone in a room from which egress is barred shall be reported to the Department of Education as a restrictive procedures, including physical holding or seclusion used by an unauthorized or untrained staff person.